

CIRCLES OF MY MULTICULTURAL SELF

This activity highlights the multiple dimensions of our identities. It addresses the importance of recognizing that while we all belong to groups (trans, Latinx, Jewish, etc.) and that those groups have cultural representations, it is equally important to all others space for individuality and challenge stereotypes.

Place your name in the center with a circle around it. Draw circles around your name and write important aspects about your identity in those circles - feel free to intersect and consider the size of the circles based on its importance to you. This can include anything: Asian American, parent, educator, Taoist, scientist, or any descriptor with which you identify.

Stories

Write about a time when you were especially proud to identify yourself with one of the identities in your circles.

Write about a time it was especially painful to be identified with one of your identifiers or descriptors.

How did the identities you lifted as important differ from the dimensions other people use to make judgments about you? (i.e. I have a learning difference, but people tend to respond to me as female or Muslim first).